



# Zones & Cities

2011-2012

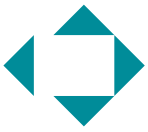
***Cities and Zones***  
***For use with Long-Haul and***  
***Regional tariffs***  
***Effective April 1, 2011***





We've got Canada covered — from the Great Lakes to the Yukon and coast to coast.





# Cities & Zones



<b>ALBERTA</b>	Kitimat	BC-X	Deer Lake	NL-3	Kingston	ON-8	Brossard	QC-1	Repentigny	QC-3	
Airdrie	AB-1	Ladysmith	BC-7	Gander	NL-2	Kirkland Lake	ON-X	Brownsburg-Chatham	QC-3	Richelieu	QC-4
Banff	AB-2	Langford	BC-7	Grand Falls - Windsor	NL-2	Kitchener	ON-2	Cabano	QC-X	Rimouski	QC-X
Bonnyville	AB-5	Langley	BC-1	Happy Valley - Goose Bay	NL-X	London	ON-3	Candiac	QC-1	Rivière-du-Loup	QC-6
Brooks	AB-3	Mackenzie	BC-X	Harbour Grace	NL-X	Markham	ON-1	Carignan	QC-1	Roberval	QC-X
Calgary	AB-1	Merritt	BC-X	Marystown	NL-X	Midland	ON-6	Carleton-sur-mer	QC-X	Rosemère	QC-3
Camrose	AB-5	Mission	BC-2	Mount Pearl	NL-1	Mississauga	ON-1	Chambly	QC-4	Rouyn-Noranda	QC-X
Canmore	AB-2	Nanaimo	BC-7	Placentia	NL-X	Newmarket	ON-6	Chandler	QC-X	Saguenay	QC-7
Coaldale	AB-2	Nelson	BC-4	Stephenville	NL-3	Niagara Falls	ON-3	Charlemagne	QC-3	St Georges de Beauce	QC-5
Cochrane	AB-2	New Westminster	BC-1	St-John's	NL-1	Norfolk County	ON-X	Chateauguay	QC-3	Saint Laurent	QC-1
Cold Lake	AB-5	North Vancouver	BC-1	Torbay	NL-1	North Bay	ON-11	Chibougamau	QC-X	Saint-Anne-le-Grand	QC-4
Crowsnest Pass	AB-2	Oak Bay	BC-7			Oakville	ON-1	Chicoutimi	QC-7	St-Bruno-de-Montarville	QC-1
Devon	AB-4	Parksville	BC-7	<b>N W TERRITORIES</b>		Orangeville	ON-5	Coaticook	QC-5	Saint-Césaire	QC-4
Drayton Valley	AB-X	Penticton	BC-3	Yellowknife	NT-X	Orillia	ON-6	Contrecoeur	QC-4	Saint-Constant	QC-1
Drumheller	AB-X	Pitt Meadows	BC-1			Oshawa	ON-7	Cote-Saint-Luc	QC-1	Sainte Marie de Beauce	QC-5
Edmonton	AB-4	Port Alberni	BC-X	<b>NOVA SCOTIA</b>		Ottawa	ON-9	Cowansville	QC-4	Sainte-Adèle	QC-X
Edson	AB-7	Port Coquitlam	BC-1	Amherst	NS-2	Owen Sound	ON-5	Danville	QC-5	Sainte-Agathe-des-Monts	QC-X
Fort McMurray	AB-X	Port Moody	BC-1	Antigonish	NS-3	Parry Sound	ON-6	Delson	QC-1	Sainte-Anne-de-Bellevue	QC-1
Fort Saskatchewan	AB-4	Powell River	BC-X	Berwick	NS-2	Pembroke	ON-10	Deux-Montagnes	QC-3	Sainte-Anne-des-Monts	QC-X
Grande Prairie	AB-8	Prince George	BC-5	Cape Breton	NS-4	Penetanguishene	ON-6	Dolbeau-Mistassini	QC-X	Sainte-Anne-des-Plaines	QC-3
High River	AB-X	Prince Rupert	BC-X	Dartmouth	NS-1	Perth	ON-9	Dollard-des-Ormeaux	QC-1	Sainte-Catherine	QC-3
Hinton	AB-7	Qualicum Beach	BC-8	Digby	NS-X	Petawawa	ON-10	Donnacona	QC-X	Sainte-Julie	QC-4
Innisfail	AB-2	Quesnel	BC-X	Glace Bay	NS-4	Peterborough	ON-7	Dorval	QC-1	Sainte-Marthe-sur-le-Lac	QC-3
Lacombe	AB-2	Revelstoke	BC-X	Halifax	NS-1	Pickering	ON-1	Drummondville	QC-4	Ste-Therese-de-Blainville	QC-3
Leduc	AB-4	Richmond	BC-1	Hantsport	NS-2	Port Colborne	ON-3	Farnham	QC-4	Saint-Hyacinthe	QC-4
Lethbridge	AB-2	Roseland	BC-4	Kentville	NS-2	Port Elgin	ON-5	Gaspé	QC-X	Saint-Jean-sur-Richelieu	QC-4
Lloydminster	AB-5	Salmon Arm	BC-3	Lunenburg	NS-X	Quinte West	ON-8	Granby	QC-4	Saint-Jerome	QC-3
Medicine Hat	AB-3	Sechart	BC-X	Mulgrave	NS-3	Renfrew	ON-10	Hampstead	QC-1	Saint-Joseph-de-Beauce	QC-5
Morinville	AB-4	Surrey	BC-1	New Glasgow	NS-3	Richmond Hill	ON-1	Hudson	QC-3	Saint-Lambert	QC-1
Okotoks	AB-2	Terrace	BC-X	Parrsboro	NS-X	Sarnia	ON-4	Joliette	QC-4	Saint-Lazare	QC-3
Peace River	AB-X	Trail	BC-4	Pictou	NS-3	Sault Ste. Marie	ON-12	Kirkland	QC-1	Saint-Pie	QC-4
Red Deer	AB-2	Vancouver	BC-1	Port Hawkesbury	NS-4	Smith's Falls	ON-9	La Malbaie	QC-X	Saint-Raymond	QC-X
Rocky Mountain House	AB-6	Vernon	BC-3	Shelburne	NS-X	St. Catharines	ON-3	La Pocatière	QC-6	Saint-Rémi	QC-X
Slave Lake	AB-X	Victoria	BC-7	Springhill	NS-2	St. Thomas	ON-3	La Sarre	QC-X	Saint-Romuald	QC-2
Spruce Grove	AB-4	Whistler	BC-X	Stellarton	NS-3	Stratford	ON-3	La Tuque	QC-X	Saint-Saveur	QC-X
St. Albert	AB-4	White Rock	BC-1	Sydney	NS-4	Strathroy	ON-3	Lac-Brome	QC-4	Saint-Tite	QC-X
St. Paul	AB-5	Williams Lake	BC-X	Trenton	NS-3	Sturgeon Falls	ON-11	Lachute	QC-3	Salaberry-de-Valleyfield	QC-3
Stettler	AB-5			Truro	NS-2	Sudbury	ON-11	Lac-Megantic	QC-X	Sept-Isles	QC-X
Stony Plain	AB-4	<b>MANITOBA</b>		Windsor	NS-2	Temiskaming	ON-X	L'Ancienne-Lorette	QC-2	Sherbrooke	QC-5
Strathmore	AB-3	Brandon	MB-3	Yarmouth	NS-X	Thorold	ON-3	L'Assomption	QC-4	Sorel-Tracy	QC-4
Sylvan Lake	AB-2	Dauphin	MB-4			Thunder Bay	ON-13	Laval	QC-1	Terrebonne	QC-3
Taber	AB-X	Flin Flon	MB-X	<b>NUNAVUT</b>		Timmins	ON-X	Lavaltrie	QC-4	Theftord Mines	QC-5
Vegreville	AB-5	Portage la Prairie	MB-2	Iqaluit	NU-X	Toronto	ON-1	L'épiphanie	QC-4	Trois-Rivières	QC-4
Wainwright	AB-X	Selkirk	MB-2			Vaughan	ON-1	Lévis	QC-2	Val-d'Or	QC-X
Westlock	AB-6	Steinbach	MB-2	<b>ONTARIO</b>		Wallaceburg	ON-4	L'île Perrot	QC-3	Valleyfield	QC-3
Wetaskiwin	AB-5	Thompson	MB-X	Barrie	ON-6	Waterloo	ON-2	Lorraine	QC-3	Varennes	QC-1
Whitecourt	AB-6	Winkler	MB-X	Bellefleur	ON-8	Welland	ON-3	Louiseville	QC-4	Vaudreuil-Dorion	QC-3
		Winnipeg	MB-1	Bracebridge	ON-6	Windsor	ON-4	Magog	QC-5	Victoriaville	QC-5
				Brampton	ON-1	Woodstock	ON-3	Maniwaki	QC-X	Warwick	QC-5
<b>BRITISH COLUMBIA</b>		<b>NEW BRUNSWICK</b>		Brantford	ON-3			Mariville	QC-4	Westmount	QC-1
Abbotsford	BC-2	Bathurst	NB-3	Brockville	ON-9	<b>PRINCE EDWARD IS.</b>		Mascouche	QC-3	Windsor	QC-5
Armstrong	BC-3	Campbellton	NB-X	Burlington	ON-2	Charlottetown	PE-1	Matane	QC-X		
Burnaby	BC-1	Dieppe	NB-1	Cambridge	ON-2	Montague	PE-2	Mercier	QC-3	<b>SASKATCHEWAN</b>	
Campbell River	BC-8	Edmundston	NB-X	Chatham-Kent	ON-4	Summerside	PE-1	Mirabel	QC-3	Estevan	SK-X
Castlegar	BC-4	Fredericton	NB-2	Clarence-Rockland	ON-9	Tignish	PE-2	Mont-Joli	QC-X	Humboldt	SK-X
Chilliwack	BC-2	Grand Falls	NB-3	Collingwood	ON-5			Mont-Laurier	QC-X	Meadow Lake	SK-X
Coldstream	BC-3	Memramcook	NB-1	Cornwall	ON-9	<b>QUEBEC</b>		Montmagny	QC-6	Melfort	SK-X
Colwood	BC-7	Miramichi	NB-3	Dryden	ON-14	Acton Vale	QC-4	Montreal	QC-1	Melville	SK-X
Comox	BC-8	Moncton	NB-1	Durham	ON-5	Alma	QC-7	Montreal-Est	QC-1	Moose Jaw	SK-2
Coquitlam	BC-1	Oromocto	NB-2	Elliot Lake	ON-X	Amqui	QC-X	Montreal-Ouest	QC-1	Moosomin	SK-2
Courtenay	BC-8	Quispamsis	NB-2	Fergus	ON-2	Asbestos	QC-5	Mont-Royal	QC-1	North Battleford	SK-4
Cranbrook	BC-4	Riverview	NB-1	Gainefau, QC	ON-9	Baie-Comeau	QC-X	Mont-Saint-Hilaire	QC-4	Prince Albert	SK-X
Dawson Creek	BC-6	Rothesay	NB-2	Goderich	ON-5	Baie-d'Urfé	QC-1	Mont-Tremblant	QC-X	Regina	SK-1
Delta	BC-1	Saint John	NB-2	Gravenhurst	ON-6	Baie-Saint-Paul	QC-X	Nicolet	QC-4	Saskatoon	SK-3
Duncan	BC-7	Shediac	NB-3	Guelph	ON-2	Beaconsfield	QC-1	Notre-Dame-de-l'île Perrot	QC-3	Swift Current	SK-2
Enderby	BC-3	Tracadie-Shiela	NB-3	Haldimand	ON-3	Beauceville	QC-5	Notre-Dame-des-Prairies	QC-4	Weyburn	SK-2
Esquimalt	BC-7	Woodstock	NB-3	Hamilton	ON-2	Beauharnois	QC-3	Otterburn Park	QC-4	Yorkton	SK-2
Fernie	BC-X			Hanover	ON-5	Bécanour	QC-4	Pincoot	QC-3		
Fort St-John	BC-6	<b>NEWFOUNDLAND &amp; LABRADOR</b>		Hearst	ON-X	Beloeil	QC-4	Plessisville	QC-5	<b>YUKON</b>	
Golden	BC-X	Bay Roberts	NL-X	Huntsville	ON-6	Berthierville	QC-4	Pointe-Claire	QC-1	Whitehorse	YT-X
Grand Forks	BC-X	Bonavista	NL-X	Iroquois Falls	ON-X	Blainville	QC-3	Port-Rouge	QC-X		
Greenwood	BC-X	Carbonear	NL-X	Kapuskwasing	ON-X	Boisbriand	QC-3	Port-Cartier	QC-X		
Hope	BC-2	Channel-Port-aux-Basques	NL-3	Kawartha Lakes	ON-6	Bois-de-Filion	QC-3	Prévost	QC-X		
Kamloops	BC-3	Clareville	NL-2	Kenora	ON-14	Boucherville	QC-1	Princeville	QC-5		
Kelowna	BC-3	Corner Brook	NL-3	Kincardine	ON-5	Bromont	QC-4	Quebec City	QC-2		